

# SUMMER CAMPOOOZA 2018

## ***CONFIRMATION PACKET!***



### **WHAT YOU'LL FIND INSIDE:**

**Welcome Letter**

**Campolooza Policies**

**Summer-at-a-Glance Schedule Form** *(please return ASAP)*

**ACG Registration Form** *(please return ASAP)*

**Immunization and Health Form** *(please return ASAP)*

Dear Campolooza Parent,

Welcome to Summer Campolooza 2018! We are sure that your child is anxiously waiting this year's exciting summer at Avant Coeur Gymnastics! To help ensure that everyone has a great time, we are providing this informative packet.

Inside this packet you will find a Summer-at-a-Glance Schedule form, a Registration Form, and an Immunization and Health Form. Please fill these out as accurately as possible and return them to ACG as soon as possible. **It is very important that you return the schedule first and foremost, as this will reserve your child's space in the Campolooza program.** If for any reason your schedule changes during the course of the summer, please inform the Front Desk and/or fill out a new schedule form.

## **Important Information**

### **Location**

- ACG 'Jungle Gym'; 6190 Sunshine St. Suite A & B, Coeur d'Alene, ID 83815
- From I-90 head North on US 95 and take a right on Hanley Ave. We are across Hanley from the Silver Lake Mall and right behind Applebees on Sunshine. Our 'Jungle Gym' is ½ block further down Sunshine (South) on the corner of Sunshine and Sunburst.
- ACG's Phone Number: 208-772-9443

### **Arrival and Departure**

- Campolooza hours of operation are 9:00 am to 3:00 pm.
- Please remember to sign your child in and out with the head camp coach to ensure proper billing.
- A late fee of \$10 will be charged if your child is picked up more than 15 minutes late.

### **Registration Forms**

- Please fill out and turn in a Registration form to the Front Desk, and please inform the Front Desk of any allergies or medical conditions your child may have.

### **What to Wear**

- Comfortable clothing without snaps, zippers and buttons please!
  - Boys: Shorts and a T-Shirt; Sweats and a sweatshirt; a warm-up suit; no jeans please!
  - Girls: Shorts and a T-Shirt; Sweats and a sweatshirt; a warm-up suit; a leotard; no jeans, skirts or dresses please!
    - Please have long hair tied back!
- It is always a good idea to bring a swimsuit, towel, sunblock, as well and an extra change of clothes. The Camp kids love to play in the sprinkler, but they need to be dry to play inside the gym!
- Please have your child's name on all their clothing, shoes, lunchboxes, etc. We acquire a very large lost and found box over the summer!
- Please be aware of days that the Camp kids will be leaving the gym for the park or field trips and have your child dressed appropriately for that day's activities!

### **Other Items to Bring**

- *A Positive, Fun Attitude!*
- *Sunscreen!* We spend a lot of time outdoors, and your child could become burned without appropriate protection! A hat and sunglasses are great additions, but they do not replace sunscreen!

## Items to Leave at Home

- Jewelry: rings, bracelets, necklaces, earrings, etc.
- Tights that cover the feet.
- Electronics of **ANY** kind.
- Toys or other items from home.
  - We provide toys that are easy to share! Items from home tend to get lost or broken.
- Gum or excessive amounts of candy.
- Large amounts of money. (*Unless you don't mind that you may never see it again!*)
- Pets, unless you receive permission from the Front Desk and Camp Director.

## Food!

- Please bring a **very large lunch** with plenty of snacks!
  - We prefer healthy snacks over sugary ones!
- There is a refrigerator available to keep lunches and drinks cool!
- Please pack food that does not need a great deal of preparation by the coaches.
- There are two snack times in addition to lunchtime. One in the late morning and one in the mid-afternoon. With all the activities your child will be involved in, they will work up quite an appetite! *Campolooza is movin' and grovin' all day long!* Please pack extra snacks to accommodate their voracious appetite!
- A water bottle. ACG does have drinking fountains, but it is always a good idea to have your own water bottle, especially on days that the Camp Kids are out of the gym for long periods of time. Please put your child's name on their water bottle!
- Because of food allergies, we ask that you remind your children not to share their food unless you or the coach approves it!
- Campolooza does not provide food for snacks or lunchtime.

## A Day in the Life of a Camp Kid

- Because of different events happening in the gym and the varying numbers of Campolooza Kids during the day, it is difficult to set a firm schedule. What we are able to do is give you a list of activities that your Camp Kid may participate in during the day!
  - Supervised Open Gym
  - Arts & Crafts
  - Snack and Lunch Times
  - Camp Room Play
  - Outside Activities
  - Field Trips (*Monthly*)



## Field Trips

- We have one Field Trip planned per month during the summer. The field trips and their prices will be announced at the beginning of each month.
- Field trips are not a required activity. There will always be a group or two of Camp Kids in the gym for those not participating in the field trip.
- Parent permission is required for Camp Kids to participate in the field trip.
- As mentioned earlier, please dress your child appropriately for the day if they are going on a field trip. (*example: closed toe shoes for pizza making at Tito's*) If a child does not have appropriate clothes for the day, they will not be allowed to attend the field trip, and the money will be credited back to your account.
- All field trips are tentative, and we reserve the right to cancel them or change the time as well as the price.
- Camp Kids will be transported in either an ACG business vehicle or an ACG staff vehicle.



## We are so excited for Summer 2018 and can't wait to see you in Campolooza!

### **Known and Unknown Risks:**

I understand that my or my child's presence at and participating at *Avant Coeur Gymnastics* presents varying degrees of certain risks – some of which are unknown – which may arise from a condition of the premises at which the activities are held; from the action of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned; or from foreseeable or unforeseen elements or factors.

While it is understood that *Avant Coeur Gymnastics* programs and activities are supervised by qualified staff whose goals include making every gym experience as safe as possible, I acknowledge that such known and unknown risks exist, I understand that I or my child may incur personal injury or property damage while attending *Avant Coeur Gymnastics*, and I fully and willingly agree to assume all risks associated with these activities myself on my own behalf and on behalf of my child.

I acknowledge that by participating in gym activities and/or by moving around in the gym, with its equipment and possible uneven surfaces, there is a risk of injury or death. I acknowledge that I accept the risk and **waive the option to sue** should my child or I incur an injury. By **waiving the option to sue**, I also thereby release *Avant Coeur Gymnastics* and its agents or employees from liability for such injury.

**Initial Here:**

### **Medical Release:**

I consent to first aid and emergency medical care, and authorize, if necessary, admission to a hospital for treatment of injuries that myself or my child could sustain while participating in this program.

I understand that I am responsible for any and all medical expenses that may be incurred, including emergency medical transport, as a result of any accident or illness while participating in an *Avant Coeur Gymnastics* program.

I give permission to *Avant Coeur Gymnastics* to provide transportation or arrange for transportation through Emergency Medical Services, if needed, for my child or me for medical care.

**Initial Here:**

### **Off Site Release:**

I give permission for *Avant Coeur Gymnastics* to provide transportation for my child or me to participate in programs conducted outside the *Avant Coeur Gymnastics* facility, when applicable.

**Initial Here:**

### **Publicity Release:**

I agree to allow the use of my or my child's photos, quotes and/or likeness' in brochures, ads, web pages, video tape and other media as deemed useful by *Avant Coeur Gymnastics* for marketing purposes. I waive rights to any royalty or fees that might be applicable for the use of such images, quotes or likeness'.

**Initial Here:**

**Child's Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

Please fill out a separate sheet for each child, for the days that they will be attending.

If your child will not be attending a certain day, you may leave that day blank. *(Please see Example #1)*

If your child will be attending the same schedule for multiple weeks, put a large "W" through the entire week. *(Please see Example #2)*

<p><b>Example #1</b></p> <p>May 2 Time In <u>9:00</u> Time Out <u>3:00</u>            May 3 Time In _____ Time Out _____            May 4 Time In <u>9:00</u> Time Out <u>3:00</u>            May 5 Time In _____ Time Out _____            May 6 Time In <u>9:00</u> Time Out <u>3:00</u></p>	<p><b>Week Six</b></p> <p>July 16 Time In _____ Time Out _____            July 17 Time In _____ Time Out _____            July 18 Time In _____ Time Out _____            July 19 Time In _____ Time Out _____            July 20 Time In _____ Time Out _____</p>
<p><b>Example #2</b></p> <p>May 9 Time In _____ Time Out _____            May 10 Time In _____ Time Out _____            May 11 Time In _____ Time Out _____            May 12 Time In _____ Time Out _____            May 13 Time In _____ Time Out _____</p> <p style="text-align: center; font-size: 2em; font-weight: bold;">W</p>	<p><b>Week Seven</b></p> <p>July 23 Time In _____ Time Out _____            July 24 Time In _____ Time Out _____            July 25 Time In _____ Time Out _____            July 26 Time In _____ Time Out _____            July 27 Time In _____ Time Out _____</p>
<p><b>Week One</b></p> <p>June 11 Time In _____ Time Out _____            June 12 Time In _____ Time Out _____            June 13 Time In _____ Time Out _____            June 14 Time In _____ Time Out _____            June 15 Time In _____ Time Out _____</p>	<p><b>Week Eight</b></p> <p>July 30 Time In _____ Time Out _____            July 31 Time In _____ Time Out _____            August 1 Time In _____ Time Out _____            August 2 Time In _____ Time Out _____            August 3 Time In _____ Time Out _____</p>
<p><b>Week Two</b></p> <p>June 18 Time In _____ Time Out _____            June 19 Time In _____ Time Out _____            June 20 Time In _____ Time Out _____            June 21 Time In _____ Time Out _____            June 22 Time In _____ Time Out _____</p>	<p><b>Week Nine</b></p> <p>August 6 Time In _____ Time Out _____            August 7 Time In _____ Time Out _____            August 8 Time In _____ Time Out _____            August 9 Time In _____ Time Out _____            August 10 Time In _____ Time Out _____</p>
<p><b>Week Three</b></p> <p>June 25 Time In _____ Time Out _____            June 26 Time In _____ Time Out _____            June 27 Time In _____ Time Out _____            June 28 Time In _____ Time Out _____            June 29 Time In _____ Time Out _____</p>	<p><b>Week Ten</b></p> <p>August 13 Time In _____ Time Out _____            August 14 Time In _____ Time Out _____            August 15 Time In _____ Time Out _____            August 16 Time In _____ Time Out _____            August 17 Time In _____ Time Out _____</p>
<p><b>Week Four</b></p> <p>July 2 Time In _____ Time Out _____            July 3 Time In _____ Time Out _____            July 4 * * * * *CLOSED * * * * *            July 5 Time In _____ Time Out _____            July 6 Time In _____ Time Out _____</p>	<p><b>Week Eleven</b></p> <p>August 20 Time In _____ Time Out _____            August 21 Time In _____ Time Out _____            August 22 Time In _____ Time Out _____            August 23 Time In _____ Time Out _____            August 24 Time In _____ Time Out _____</p>
<p><b>Week Five</b></p> <p>July 9 Time In _____ Time Out _____            July 10 Time In _____ Time Out _____            July 11 Time In _____ Time Out _____            July 12 Time In _____ Time Out _____            July 13 Time In _____ Time Out _____</p>	<p style="text-align: center;"><b>ACG will be CLOSED for all classes and Programs            August 25<sup>th</sup> – September 4<sup>th</sup>            ACG will re-open on the FALL Schedule Tuesday,            September 5<sup>th</sup></b></p>

